

# Pointe of Grace dance academy

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## Class Descriptions

### Creative Movement I & II (ages 3-4) .75 hour/week

Preschool children will explore various kinds of body movement including gross motor skills, spatial awareness, coordination, musicality, poise, pre-ballet skills and others through creative, engaging activities. Creative Movement I is designed for 3-year-old dancers, and Creative Movement II is designed for 4-year-old dancers.

### Primary Ballet/Tap (ages 5-7) 1 hour/week

#### **Ballet/Tap I & II - 1 hour/week & Ballet/Tap III - 1 ½ hours/week**

Primary age students will learn introductory technique in both ballet and tap while continuing to learn coordination, spatial awareness, musicality and poise. Primary Ballet/Tap I is designed for 5-year-old dancers, Primary Ballet/Tap II for 6-year-old dancers, and Primary Ballet/Tap III for mainly 7-year-old dancers.

### Ballet (ages 7 & up) 1-2 hours/week

#### **Ballet I - 1 hour/week, Ballet II, III, & IV - 1 ½ hours/week**

Students learn challenging ballet technique according to ability and experience while also strengthening their basic skills. As the basis for many other forms of dance, strong ballet technique is essential for increasing dance ability. Students are placed in ballet classes based on ability and experience- not necessarily age.

### Pointe (ages 11 & up) 1 hour/week

Students learn classical ballet technique utilizing pointe shoes. Students must be enrolled in either Ballet III or Ballet IV to participate in this class.

### Jazz (ages 7 & up) 1 - 1 ½ hours/week

#### **Jazz I, II, III, & IV - 1 hour/week, Jazz V - 1 ½ hours/week**

Students learn challenging jazz technique, which includes body isolations and rhythmic movement, danced to contemporary music. Students are placed in jazz classes based on ability and experience- not necessarily age.

### Tap (ages 8 & up) 1 hour/week

Students learn challenging tap technique while strengthening their basic dance skills. Some previous dance experience is required.

### Lyrical (ages 8 & up) 1 hour a week

This style of dance combines traditional ballet technique with the freedom and rhythm of modern and jazz dancing and attempts to convey the emotion of the music. Students should also be enrolled in a ballet class in order to participate in the lyrical class.